



WE'VE TEAMED UP

WITH BUPA (yay!)

**FITREC has teamed up with leading health insurer, Bupa, in a relationship that reinforces the importance of physical activity in the treatment of many diagnosed health and medical conditions.**

Businesses and personal trainers registered with FITREC who meet Bupa's recognition criteria are now able to apply for a Bupa recognised provider number that will allow them to receive 100 per cent of the cost for eligible claims up to their yearly limit. This is available on selected corporate products and subject to waiting periods. Bupa Corporate CVP Manager, Erin Fullarton said "We're delighted about introducing these new value-adds to our Corporate Extras product range. We know this will resonate really well with our customers".

In keeping with Private Health Insurance legislation, gym and personal training fees may be claimable when the exercise program is designed to address or improve a specific diagnosed health or medical condition. For this reason, clients will require a referral from a GP, medical specialist or exercise physiologist in the form of a completed Health Management Gym and PT Medical Form.

Services which may be covered include personal training, group training, gym memberships and group fitness classes.

Managing director and founder of FITREC, Dennis Hosking states "We're very excited to be involved in such a progressive offering and absolutely commend Bupa for the initiative. For our part, we'll be doing all we can to ensure it's a success for all stakeholders."

**PERSONAL TRAINERS**

To be eligible to register as a Bupa Recognised Provider, FITREC registered personal trainers will need to comply with Bupa's recognition criteria including to have and maintain a 100/100 FITREC rating for education, maintain a current First Aid and CPR certificate, as well as maintain the appropriate levels of cover for insurance. More details on eligibility for personal trainers can be found **HERE**.

**GYMS**

Registered businesses applying for a provider number will need to comply with Bupa's recognition criteria, including to have appropriate levels of insurance cover and providing Bupa recognised gymnasium services from an appropriate, fit-for-purpose facility. They will also need to ensure that recognised services are provided to Bupa customers by staff that are FITREC registered and appropriately qualified. More details on eligibility for gyms can be found **here**.

**ELIGIBILITY**

Corporate Everyday Extras, Corporate Mid Extras, Corporate Advanced Extras and Corporate Total Extras are part of a new Corporate Health Insurance offering from Bupa, which is available to employees of Bupa's corporate partners. These policies allow eligible customers with health referrals to claim for gym and personal training services under the Health Management category (subject to yearly limits, waiting periods, fund and policy rules). This offering is not available for members on different Bupa policies.

For Bupa customers looking for more details on gym and personal training claiming and health management benefits, **click here**. ♦



**ABOUT FITREC AND BUPA**

FITREC is a Government recognised registration service for fitness professionals and businesses. FITREC provides industry-leading levels of transparency and accountability and has been instrumental in raising standards throughout the fitness industry.

Bupa is a health and care company committed to helping customers live longer, healthier, happier lives and making a better world. Bupa offers a broad range of services, including aged care and retirement, dental, optical, health insurance, and community wellbeing initiatives to improve the health of all Australians.